

# Votre semaine AQUATIQUE

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
9h30 😊 45' <b>aquabike</b>	9h45 30' <b>aqua gym</b>		9h45 30' <b>aqua gym</b>	9h30 😊 45' <b>aquabodybike</b>	09h30 AQUA Mini 10h30 AQUA Kid
10h30 😊 30' <b>aqua gym</b>	10h30 45' <b>aquadynamic</b>	10h30 45' <b>AQUA SILHOUETTE</b>	10h30 45' <b>aquawork</b>	10h30 😊 45' <b>aquadynamic</b>	11h10 45' <b>aquabodybike</b>
12h30 45' <b>aquatonus</b> <small>aquadynamic + aquawork</small>	12h30 45' <b>aqua combat</b>	12h30 45' <b>aquawork</b>	12h30 45' <b>aquabike</b>	12h30 45' <b>aquadynamic</b>	12h00 45' <b>aquadynamic</b>
15h30 45' <b>aquabodybike</b> C	15h30 45' <b>aquatonus</b> <small>aquadynamic + aquawork</small>		15h30 45' <b>aquadynamic</b>		
17h30 😊 45' <b>aquabodybike</b>	17h45 😊 45' <b>aquadynamic</b>		17h45 😊 45' <b>aquabodybike</b>	17h30 😊 45' <b>aquatonus</b> <small>aquadynamic + aquawork</small>	
18h30 😊 45' <b>aquadynamic</b>	18h30 😊 45' <b>aquawork</b>	18h00 😊 45' <b>aquadynamic</b>	18h45 😊 45' <b>aqua combat</b>	18h30 😊 45' <b>aquabike</b>	
19h30 45' <b>aqua combat</b>	19h30 45' <b>aquabike</b>	19h00 45' <b>aquabodybike</b>	19h40 45' <b>aquawork</b>		